



PalliativeCare
SOUTH AUSTRALIA



Multicultural
Aged Care

MAC / PCSA Webinar
28th October 2020

Definition of Palliative Care

Patricia

- Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.

- World Health Organisation, 2017

Palliative Care

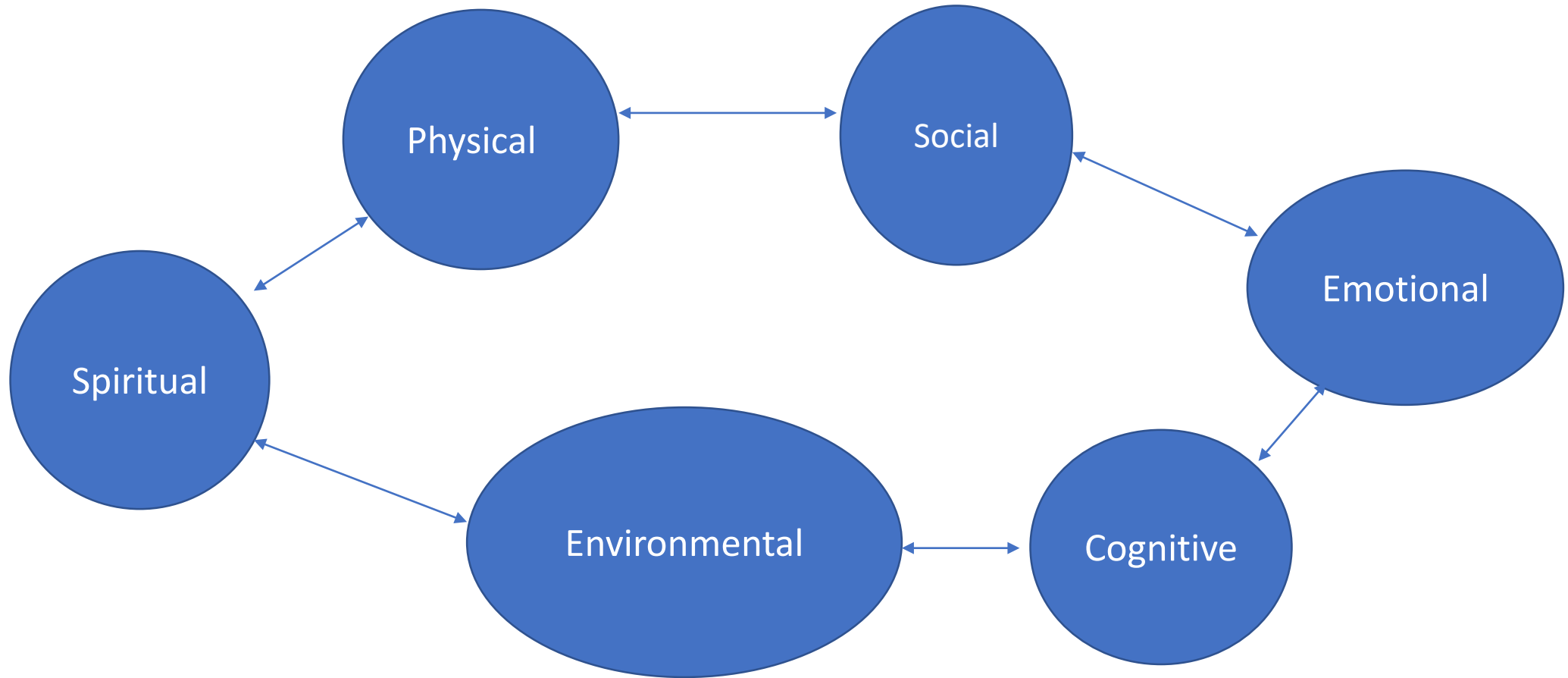
Patricia

- provides relief from pain and other distressing symptoms;
- affirms life and regards dying as a normal process;
- intends neither to hasten or postpone death;
- integrates the psychological and spiritual aspects of patient care;
- offers a support system to help patients live as actively as possible until death;
- offers a support system to help the family cope during the patients illness and in their own bereavement;
- uses a team approach to address the needs of patients and their families, including bereavement counselling, if indicated;
- will enhance quality of life, and may also positively influence the course of illness;
- is applicable early in the course of illness, in conjunction with other therapies that are intended to prolong life, such as chemotherapy or radiation therapy, and includes those investigations needed to better understand and manage distressing clinical complications.

• World Health Organisation 2017

Circles of Care

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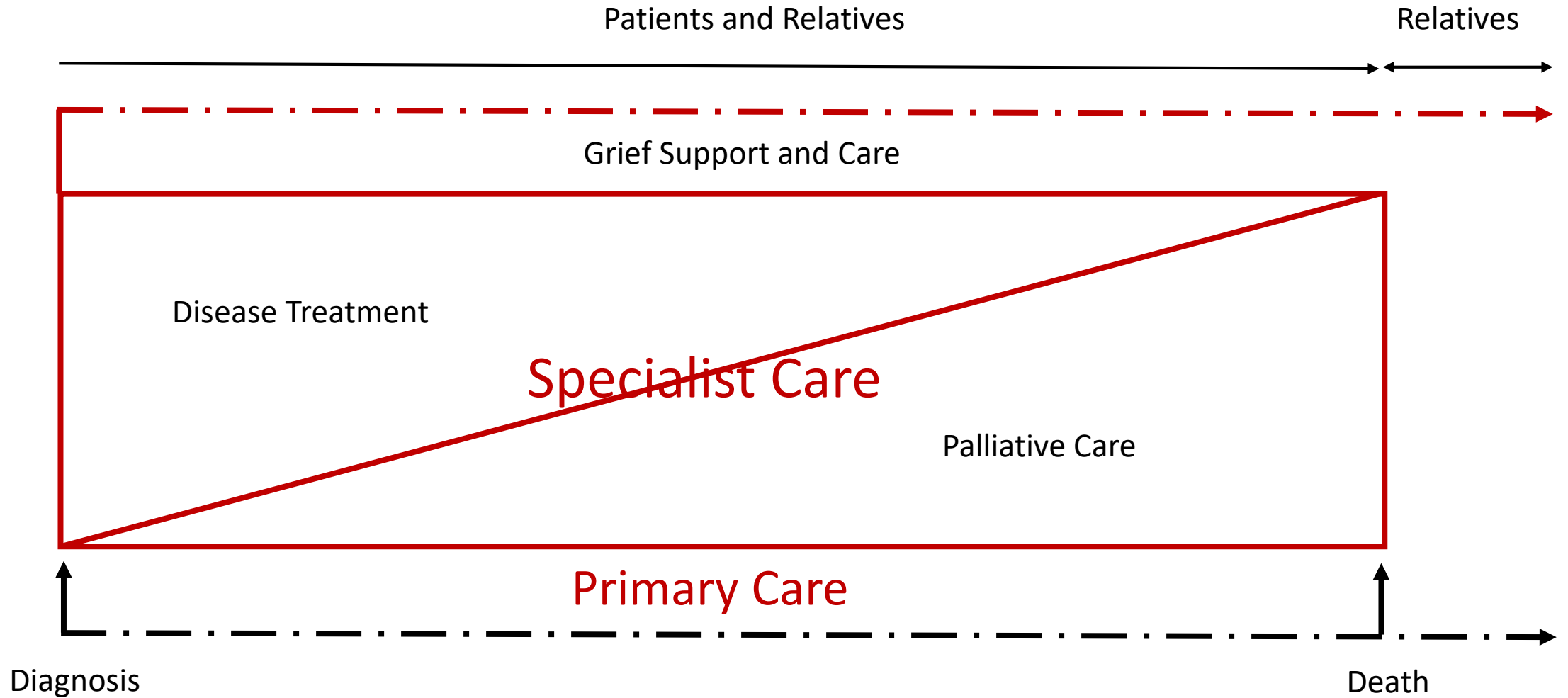


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70%
Of Deaths
Are Expected

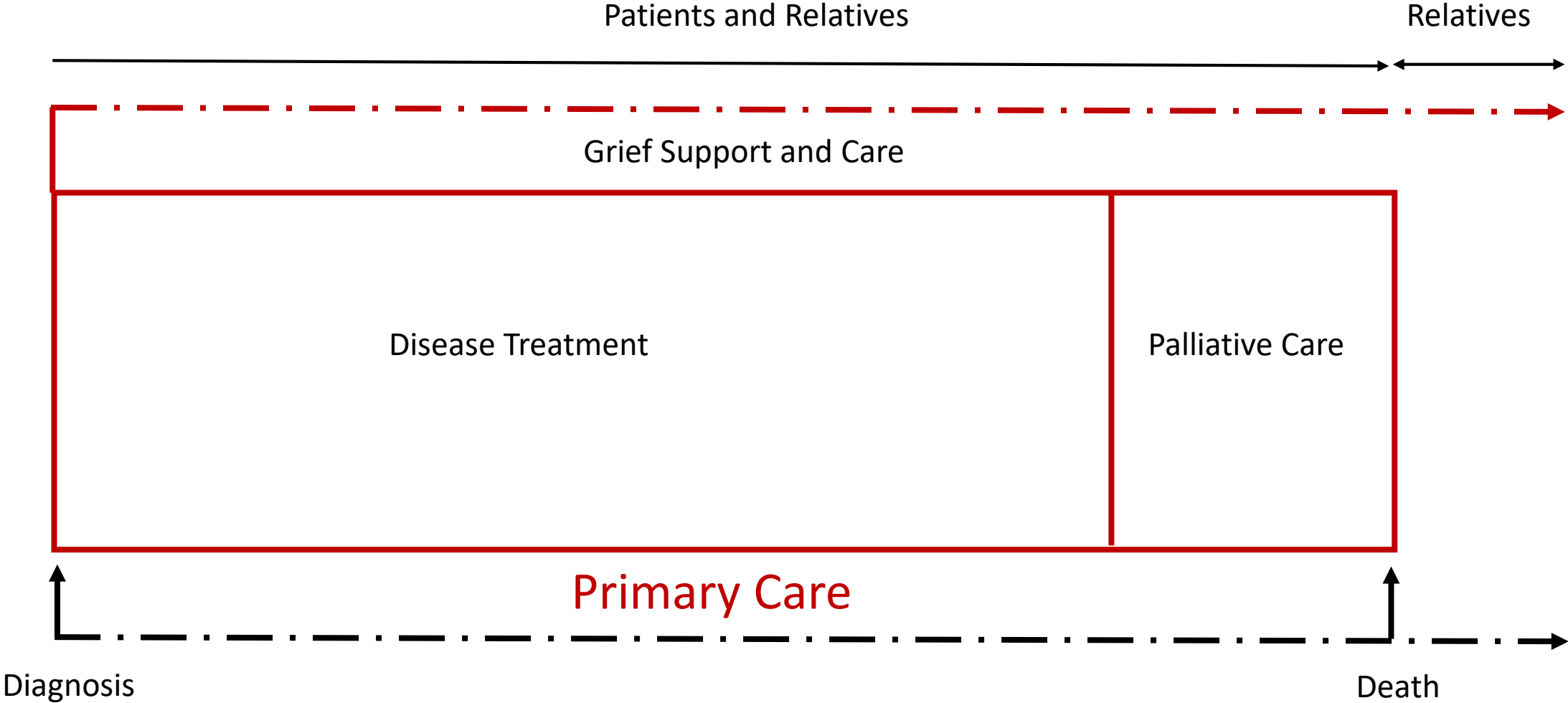
Integrated Model of Palliative Care Delivery

Patricia



Segregated Model of Palliative Care Delivery

Patricia



With credit to:
<https://www.revespcardiol.org/en-consensus-document-recommendations-on-palliative-articulo-S188558571930338X>

Palliative Care Services

Patricia

- Services (maps)
- <https://pallcare.asn.au/palliative-care-service-providers-2/>
- Services (lists)
- <https://pallcare.asn.au/palliative-care-services/>
- GPs
- <https://www.gppaustralia.org.au/search-psc-gps-by-postcode/>

PCSA Approach

- Death Literacy – Dying to Talk
- Plan in advance
- Community approaches – Compassionate communities
- Palliative Care access and provision
- 24 / 7 access & Quality Service Improvement
- Cultural / psychosocial / Spiritual care
- Grief and bereavement

PCSA – Strategic Plan / Activities

- Board representation
- CALD Engagement
- Project work – MCCSA Project – Courageous Conversation -
(Chinese – both Cantonese and mandarin speaking communities,
Ukrainian, Spanish, Greek and Croatian)
- MAC / PEPA Education – 25th November



- Palliative Care: CALD Perspectives
- Wednesday, 25th November 2020,
- Multicultural Aged Care Inc. 94 Henley Beach Rd, Mile End SA,
- 9:00am- 4:00 pm

- Online registration: <https://www.eventbrite.com.au/e/pepa-culturally-responsive-palliative-carefor-cald-communities-workshop-tickets-124497382021>
- For further information, contact: John McMahon, PEPA Manager (SA). Palliative Care SA 08 8271-1643, or jmcmahon@pallcare.asn.au