

# 'WellnessCPR'

A workshop for Commonwealth Home Support Programme (CHSP) aged care workers on increasing knowledge about the importance of profiling to understand life strengths in old age and interpreting and understanding the wellness process of strengths in action.

With a special focus on cultural understanding of life strengths in action.

**FREE WORKSHOP  
TUESDAY 22 OCTOBER 2019  
10 AM -3.00PM  
MULTICULTURAL AGED CARE  
94 HENLEY BCH RD MILE END**



**PRESENTED BY VANESSA LEANE**

**PhD Candidate-Psychology/Gerontology -Uni SA**

The workshop will assist CHSP providers to:

- Understand why a profile of strengths is important in old age.
- Start exploring the knowledge and competencies needed to identify strengths in older people to better discover, understand and interpret the wellness process of strengths in action.
- Learn how to interpret client wellbeing stories to enhance strengths of culture.

**Bookings: To book your place for this workshop please click: [HERE](#)**

**LIGHT LUNCH WILL BE PROVIDED**

**This event is brought to you by the Western, Eastern & Northern Collaborative Projects**