

# Home & Community Aged Care

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# About Uniting Communities

We work with more than 20,000 people each year across metropolitan and regional South Australia. We strive to build strong and supportive communities, and help people realise their potential and live the best life they can.

**We provide over 90 community service programs, including:**

- Aged care
- Disability
- Youth services
- Homelessness intervention
- Foster care
- Family counselling
- Financial and legal services



# Age your way with Uniting Communities

- Uniting Communities has been providing services to the South Australian community since 1901, and aged care services since 1944 with the establishment of our Aldersgate residence.
- We celebrate diversity, respecting people from all cultural backgrounds, religious and spiritual beliefs and practices, sexual orientation and gender identity. We welcome everyone as an individual.
- With over 34 cultural backgrounds amongst our team, we also cater to specific cultural and language needs wherever possible.



# Age your way with Uniting Communities

**At Uniting Communities, people are at the centre of all we do. We believe you should be empowered to remain in control of all aspects of your life.**

This is the philosophy that drives the services we offer, putting you in control, so you can:

- **Age Independent** in your own home
- **Age Active** with our health and wellbeing programs
- **Age Sharp** with our active minds activities
- **Age Social** with our range of fun, social activities
- **Age Supported** with our nursing services and medical equipment
- **Age Together** in our aged care residences.



# Our Aged Care Services

- Commonwealth Home Support Program
- Home Care Packages
- Allied Health
- Private Services
- Veterans' Home Care Services (DVA)
- Residential Aged Care



# Age Independent - CHSP

## You've always been independent, why change now?

Our services help you to age well in your own home.

### We can assist you with:

- Managing your household cleaning, gardening and maintenance
- Personal care
- Social activities and groups
- Health and wellbeing
- Transport to a community group or regular appointments
- [Watch video](#)



# Age Active

**Being healthy and active go hand-in-hand with remaining independent.**

Our range of health professionals, specialists and classes have been designed to fulfil your needs now and in the future.

Active Classes:



Physiotherapy



Occupational Therapy



Podiatry



Balance and Falls



Strength



Easy Moves



Healthy Hands



Hydrotherapy



Chi Ball

# Age Sharp

**Good health is not just about the body.**

An active mind is just as important for keeping you feeling young, confident and independent.



Brain Gym



Active Thoughts



Healthy Memory

[Watch video](#)



# Age Social

Nothing keeps you enjoying life like exploring your interests and hobbies, and spending time with friends.

We offer a variety of social programs which offer lively conversation, a few laughs and good company when you need it.



Active Classes



Social Groups  
and one-on-one  
activities



Day Trips



You and Technology



Violet's Visitors



Two's Company



# Age Supported

**At times, you may need specialised support.**

We can help you manage your ongoing medical needs and wishes.



Nursing Care



Home Safety



# Home Care Packages (CDC)

- **YOU** have conversations about your needs and goals
- **YOU** work with your service provider to develop your individual care plan
- **YOU** agree how much involvement you have in managing your care package
- **YOU** get more say in the care and services you access, how they are delivered and who delivers them to you
- **YOU** know how your package is funded and how your individual budget is spent through monthly income and expense statements
- **YOUR** service provider will ensure that your package continues to meet your needs with ongoing monitoring and formal review

[Watch the video](#)



# Package Value and Costs

**Choosing the right home care services is an important decision.**

We maximise your care experience by connecting you with a dedicated Service Coordinator to work with you, your family and/or carer to create and maintain a tailored plan.

The four home care package levels are structured as follows:

- **Level 1** Basic care needs \$8,000 Yearly subsidy
- **Level 2** Low-level care needs \$14,500 yearly subsidy
- **Level 3** Intermediate care needs \$32,500 yearly subsidy
- **Level 4** Intermediate care needs \$49,500 yearly subsidy



# Age Together

**When the time comes for a higher level of support, you may consider options for residential care.**

Our two aged care residences – Aldersgate and Murray Mudge are both fully accredited, have private gardens, secure grounds for people living with dementia, and strong local community ties.

## **Murray Mudge:**

Based in Glenelg, Murray Mudge Aged Care accommodates 66 residents in private rooms with ensuite facilities. We also offer six rooms to accommodate partners of residents

## **Aldersgate:**

Based in Felixstow, Aldersgate Aged Care offer multi-care services to 115 permanent residents. We accommodate residents with dementia and mental health conditions who require the safety of a secure setting.



# Age Together

Our aged care residences provide a wide range of services, including:

- Individual rooms in a village community
- 24-hour nursing and care
- Specialised support for residents with high dependency and dementia.
- Allied health services, including podiatry, physiotherapy and more
- Home-cooked meals
- Daily group and individual activities
- Landscaped gardens
- Access to mental health, palliative, and respite care.



# Contact us

Call us on **1800 615 677** to learn more about our variety of aged care services.

**[www.unitingcommunities.org](http://www.unitingcommunities.org)**

