

ACTIVITY BOOKLET

NAVIGATING THE NATIONAL AGEING AND AGED CARE STRATEGY FOR PEOPLE FROM CULTURALLY AND LINGUISTICALLY DIVERSE (CALD) BACKGROUNDS

Tick the appropriate boxes:

Living Longer Living Better

- is the name of the Productivity Commission Inquiry Report
- was released by the Australian Government in December 2011
- was released by the Australian Government in April 2012
- is a slogan for a coffee advertisement?
- outlines the Australian Government Aged Care Reform Agenda

These are some of the priorities of the *Living Longer Living Better* aged care reforms:

- choice
- control
- easier access to a full range of aged care services, where older people want it and when they need it
- support and care in the home
- better access to residential care
- more support for those with dementia
- strengthening the aged care workforce

Discuss. Number them in your order of priority for implementation.
What's missing, if anything?

Why develop a *National Ageing and Aged Care Strategy for people from CALD backgrounds*?

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Reflect on the following statements:

- A large proportion of older people in Australia were born overseas and the proportion of older people from CALD backgrounds is increasing at a faster rate than other older people
- Changing immigration patterns in Australia will lead to changing consumer cohorts, which will impact on service delivery and require forward planning
- Barriers to accessible, culturally appropriate aged care still exist in Australia
- People from CALD backgrounds are a significant and growing proportion of the Australian population aged over 65
- Around 20 per cent of people aged over 65 years were born outside Australia which equates to more than 600,000 people
- By 2021, more than 30 per cent of Australia's older population will have been born outside Australia

What needs to be done to support older people from CALD backgrounds as they age?

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Number 1 – 3 in order of importance, the following statements to older persons from CALD backgrounds:

- Ensuring equitable access to high quality, culturally appropriate aged care for people from CALD backgrounds
- Implementing the activities outlined in the *Living Longer Living Better* aged care reform package and assist in guiding future funding priorities
- Responding to the particular circumstances of people from CALD backgrounds

Culturally and Linguistically Appropriate Care . . .

- is targeted care which is reflective of and responsive to the cultural, linguistic and spiritual needs of the person
- uses cultural and linguistic characteristics, experiences and perspectives of ethnically diverse people to deliver aged care services more effectively

Describe culturally and linguistically appropriate care.

What is it? What does it look like? How do you know when you are delivering culturally appropriate care? What responses do you receive from older people from CALD backgrounds?

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What are the five principles of the National CALD Strategy?

Number the PRINCIPLES in order of priority 1-5:

- INCLUSION – The needs of older people from CALD backgrounds, their families and carers are included in the development of Australian Government ageing and aged care policies and programs on an ongoing basis
- EMPOWERMENT – Older people from CALD backgrounds, their families and carers are supported and have the knowledge and confidence to maximise their use of the aged care system
- ACCESS AND EQUITY – All areas of ageing and aged care understand the importance of and deliver culturally and linguistically responsive care
- QUALITY – Care and support services are appropriate to the needs of older people from CALD backgrounds, their families and carers and are assessed accordingly
- CAPACITY BUILDING – Individuals from CALD backgrounds and CALD communities have the capacity to both articulate their ageing and aged care needs and be involved in the development of services and the workforce to meet these needs

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What are the six goals of the National CALD Strategy?

List the STRATEGIC GOALS AND ACTIONS in priority order 1-6:

- GOAL 1** – CALD input positively affects the development of ageing and aged care policies and programs that are appropriate and responsive
- GOAL 2** – Achieve a level of knowledge, systems capacity and confidence for older people from CALD backgrounds, their families and carers to exercise informed choice in aged care
- GOAL 3** – Older people from CALD backgrounds are able and have the confidence to access and use the full range of ageing and aged care services
- GOAL 4** – Monitor and evaluate the delivery of ageing and aged care services to ensure that they meet the care needs of older people from CALD backgrounds, their families and carers
- GOAL 5** – Enhance the CALD sector’s capacity to provide ageing and aged care services
- GOAL 6** – Achieve better practice through improving research and data collection mechanisms that are inclusive of cultural and linguistic diversity in the ageing population

MATCH the PRINCIPLES

INCLUSION – The needs of older people from CALD backgrounds, their families and carers are included in the development of Australian Government ageing and aged care policies and programs on an ongoing basis

EMPOWERMENT – Older people from CALD backgrounds, their families and carers are supported and have the knowledge and confidence to maximise their use of the aged care system

ACCESS AND EQUITY – All areas of ageing and aged care understand the importance of and deliver culturally and linguistically responsive care

QUALITY – Care and support services are appropriate to the needs of older people from CALD backgrounds, their families and carers and are assessed accordingly

CAPACITY BUILDING – Individuals from CALD backgrounds and CALD communities have the capacity to both articulate their ageing and aged care needs and be involved in the development of services and the workforce to meet these needs

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How do you include the principles in:

Planning

Policies

Processes

Procedures

Programs

Practices

Provision

People

GOALS

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